

Channeling Column© Viviana Geurten "Freedom"

What is Freedom ? Is it freedom of talking or walking ?
Or is it Freedom of Thinking and Feeling.

The State of Eternal Bliss.

But how do you develop this State ?

A State of Bliss is like peeling an onion of all the **layers**.
The layers of Illusions of negative beliefs.
Layers that hold you 'back'.
Layers that do not support your True Inner Being.
Layers that need their attention to transform into Truth.
Truth, positive feelings and thoughts support your True Self.

By Following your Inner Compass and Balancing your Life. Your Intuition, feelings and Inner Peace...THE SILENCE ...is called "**The Inner Bliss**".

"**Freedom**" is following your path of your soul directing to raising your awareness step by step. Having experiences as an Human Being that lifts you up to a Higher Vibration. A vibration of Love, Compassion, Kindness and Flow. That Flow of Life is living a life filled with Bliss.

- You feel Blessed being You;
- You feel blessed living this journey;
- You feel blessed having these friends;
- You feel blessed having this family.

Blessings and Gratitude are Creators of Flow.

Are you a light in the world of others ?
Do you shine and sparkle where ever you go or are ?
Are you grounded, aware and being **in** the moment ?
No ? **BREATH!** Breath deeply in and out, feel the heart of the Earth and the heart of Heaven.

You feel one with The Universe and the univers supports your Vibrations anytime, any place where ever you **are**.
Be a Light in the darkness for people who struggle and search for love, compassion and ...a friend who cares.



Do you Care about the people, animals who desperately need you Light ?

You can send them love from your Inner Being.
Ask for their Divine Guidance...and...or.. Light a Candle for all the ones who live in their own Shadow.

*Can you offer them your Love ?
Can you offer them your Wisdom ?*

What first step can you do to offer your Hand ?

A Giving Hand.

You touch their Hearts so they can open up to you, themselves and others. See it in their Eyes.
Can you offer your Service to help them to **Freedom** ?
A State of Bliss where Love **Connects**, Love Shows **Compassion**, Love Expresses **Kindness**.

*Be Free, Feel Free and
... Be an Example of Freedom.*

We all Love you so much.

With love and gratitude,
Viviana



Viviana Geurten is a Medium and Channels with the Lords of the Akashic Records. Keepers of the spoken word and language.

The Akashic Records are governed and protected by a group of nonphysical Light Beings called the **Lords of the Records**. They determine not only **who** can access the Records but what **information** they can receive. The Lords of the Records work with the Masters, Teachers, and Loved Ones -- who **serve** as the interface between the Akashic and earthly realms -- by "**downloading**" to the Masters, Teachers, and Loved Ones the information that they will relay during each Akashic reading.

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