

Channeling Column©

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"The Sun"

The Central Sun is the main center of The Universe. The energy of the Sun is energizing in an amazing way. We all know that the Sun rises in the East and goes down on the West side. This bow is like a rainbow.

The Sun contains all **divine colours** of our **chakrasystem**. The **Solar Plexus** is called the third Chakra and it stands for "Will Power". **The Power to stand for Yourself**. Your Inner Power expressing as a human being. To take the action that supports your Life Purpose.

Are you aware of your own Power ?
Do you express your Power ?
How do you express your actions which are aligned with your Soul ?

Expressing your 'will-power' through that kind of actions accelerates your power to Create what you desire. So align yourself daily with your soul and connect with your Higher & Divine Self. Every soul has a Crystal Cord that connects with The Central Sun.

When you wake up in the morning:

- Exercise and stretch your body for a few minutes;
- Ground yourself to the heart of Mother Earth;
- Open up your Crown Chakra;
- Connect with your Higher & Divine Self;
- Connect with your Crystal Cord to The Central Sun.

If you do it daily you feel **one** with the Universe. You are part of this wonderful Universe ! Feel that you are not alone, you are carried by The Universe. So let The Universe work with you. Becoming aware of your Connection with the Universe, you "**Co-Create**" your Soul Purpose.

What about "Co-Creation" ?

- You have your wishes and dreams to manifest. What is your deepest wish ?
- To manifest you need to take Action (to "Do"), to make it happen...or
- You need to "**BE**" and let it happen.
- Both energies, the male (do) and female (be) arise from within.
- Life is all about Balance.



So feel what is the action to co-create ? Doing or Being to Co-Create ? Be aware of the beliefs, thoughts you have. They are steps of creation. **Creation is a Process of Steps**. That is what it is all about, EnJoying ! That is the Power to Create. That is a Divine Human Being.

Are you connected to your Soul, Higher & Divine Self and the Central Sun ?

Try it for **7 days** and you will experience so much more Warmth, Joy, Happiness and feel carried by the Light of the Sun. You will radiate like a sun. So take your Power and Co-create your Sunshine on your Path of Life.

Thank you all.

With love and gratitude,
Viviana



Viviana Geurten is a Medium and Channels with the Lords of the Akashic Records. Keepers of the spoken word and language.

The Akashic Records are governed and protected by a group of nonphysical Light Beings called the **Lords of the Records**. They determine not only **who** can access the Records but what **information** they can receive. The Lords of the Records work with the Masters, Teachers, and Loved Ones -- who **serve** as the interface between the Akashic and earthly realms -- by "**downloading**" to the Masters, Teachers, and Loved Ones the information that they will relay during each Akashic reading.