

Channeling Column©

Viviana Geurten

"The Year 2014"

Dear Ones,

We, from the Akashic Records group greet you all in this New Year on Earth. **The Year 2014 !**

This number 2014 is according to the numerology, $2+0+1+4=7$.

7, is the number of **Growth**, of using your **Talents** and exploring your **Potentials**. *Mastering you Thoughts and Feelings*. Isn't this what it is all about ? *Your Thoughts, beliefs determine your Feelings and experiences*. So what you believe becomes your **True Reality**. *Are you aware of **How** You Think and **What** You Think about ?* Thinking can be a chain reaction of neverending thoughts. Does it get you anywhere ? No. You are just running circles.

More important is **what** you think.

What you think, means where you are **focused** on. So where is **your Focus on in 2014** ? Focus yourself on your **heart desires** and be Present to those thoughts.

Ask yourself during this New Year

- *Am I still focused on my heart desires ?*
- *Am I present to my Dreams ?*
- *Do I take actions to support my desires and dreams ?*
- *Do I See, Feel and Believe the outcome ?*
- *Do I take time to be 'STILL', to be with myself ? In meditation in my Inner Sacred Room ?*

Did you ever take the time to go inside your "**Sacred Room**"? It is a place of **stillness**, where there is no time, it is eternal. You can visit this Inner Place to sit, breath easily and **Be** there. Become really Present to your Sacred Room. You will see and feel a divine energy around you. An energy of Source which accepts you exactly who **you** already **are**. It reminds you of being a Human **Being**. It is all in the Be-ing. What you are, you radiate. So what you want to create..."Be it".

Become a Human Being who is an **Open Channel** to let The Universe work through you. So watch your blocked beliefs consciously and transform them into a supportive belief. **Take step-by-step and when you Change your Thoughts, you Change your Feelings**. It is not about denying feelings of jealousy, loneliness, angry, sadness. No, not at all. **Accept your Feelings**, take time to relax your body with them. Then ask yourself, what does this Feeling wants to tell me. What is the pain behind it ? keep asking and the answers pop up for you.

This **Proces of Acknowledgement** is a huge step in your transformations. You take yourself **seriously** to embrace who you are. The '**shadow**' is revealed and now the light can come into you. You are not standing in the way of The Universe. With **Every step** you take in this proces you become a **more Open Channel for The Universe** to work through. So when you want to create your Heart desires, The Universe will support you easily.

It is all about a Balance of Giving and Receiving to Create your Dreams on Earth. You are already Divine !
Are you aware of who you **really are** ?
Are you present in your **Sacred Room** ?

"Be" - Just Be who you truly are.

You are worth it to be a Creator of Your Life.

Sit down for while, relax and ask yourself:

What is it what I want to create in 2014 ?

What is my deepest wish..to manifest True Reality ?

All the love, The Lord Akashic Records Group.

Thank you all.

With love and gratitude,
Viviana



Viviana Geurten is a Medium and Channels with the Lords of the Akashic Records. Keepers of the spoken word and language.

The Akashic Records are governed and protected by a group of nonphysical Light Beings called the **Lords of the Records**. They determine not only **who** can access the Records but what **information** they can receive. The Lords of the Records work with the Masters, Teachers, and Loved Ones -- who **serve** as the interface between the Akashic and earthly realms -- by "**downloading**" to the Masters, Teachers, and Loved Ones the information that they will relay during each Akashic reading.

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