

# Channeling Column©

## Viviana Geurten

### "LOVE"

Let's talk about "LOVE".

What is Love ? What does it mean for Human Beings and all creatures on the Planet Earth ?

Love is a **Vibration** of the Highest form in the Universe. it is created by the Creator of All Sources.

Vibration means that it contains **Consciousness**.

The energy of the Divine flows through the whole Universe. It is build on Love. **It is interconnected**. So it connects everyone on this planet. Like a chain reaction.

When you feel Loved, you vibrate it in the Universe. So you effect others.

**Love is**

- all
- everywhere
- always...and so...eterenal consciousness
- strong
- and nevertheless ...**DIVINE ENERGY**

The "Divine Energy" resides in all of us. The Key is to get in Touch with it. To tune in to the Source of All. The Source all Human Beings have and can consciously choose to live from.

Do you choose LOVE ?

Do you live from your HEART ?

Or do you live from your MIND ?

To control things in your Life ? Although the Creation of All **IS...only** the Universe. The Highest Power of Divinity and ever existing

**So what do you choose DAILY ?** What is your Intention for today ? Is it **Self Love** ? Is it love for animals, your neighbours...the stranger on the street ?

**How can you Live from your Heart daily ?**

- Set your **Intentions**. "I live my Life with Love and so it is";
- **Affirm** it in words that resonte with you. Examples: "I love my Life", "I speak and act from Love", "I am Love";
- **FEEL** the Source of All, **LOVE**, inside you. **Go deep in your Heart**. Embrace yourself with All the Love there is !
- What can you **do today** to embrace yourself ? What is your step to **FEEL** more **SELFLOVE** ?
- Be responsible for your daily life actions. So do you react from your ego, defense, anger...or do you react from LOVE to create your wished chain reaction ? **Be aware of your Conscious Choice of Love**

**So when life throws challenges to you.**

1. Step back, wait;
2. See, Feel and Choose and Reaction from Love;
3. Add and Action step to it.

Taking care of yourself means that your reaction comes from **SELF LOVE**. When you take that commitement to yourself, your responsibility will follow.

Always ask yourself what is **MY** desired outcome in this Challenge today ?

Now you know, **SELF LOVE is Your Key to act from**.

**See, Feel, Choose and the React from Self Love.**

Watch the outcome...You and the other person will be surprised. Why ? You did not react from being anger or hurt. See and Feel the **Lesson** for Yourself (**Wisdom**) and add the **Power of Love**.

**Flowing** is the outcome instead of **Resisting**

Resisting always takes more energy for yourself.

So, **Be Wise** and **empower yourself** with reactions from **Self Love**. Challenged ? Ask yourself:

What would Self Love do **now** ?

**Always BE gentle with Yourself !**

With love and gratitude,  
Viviana



**Viviana Geurten is a Medium and Channels with the Lords of the Akashic Records. Keepers of the spoken word and language.**

The Akashic Records are governed and protected by a group of nonphysical Light Beings called the **Lords of the Records**. They determine not only **who** can access the Records but what **information** they can receive. The Lords of the Records work with the Masters, Teachers, and Loved Ones -- who **serve** as the interface between the Akashic and earthly realms -- by "**downloading**" to the Masters, Teachers, and Loved Ones the information that they will relay during each Akashic reading.

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