

Channeling Column© Viviana Geurten "Inspiration"

Inspiration is a Light Frequency from the Soul.
To inspire means to be touched by Divinity.
Inspiration is like an Inner Joy and Knowing to Follow the Truth. If you follow your inspiration you follow your Heart and Soul. It feels like **excitement**.

As if your heart tells you to follow this Inspiration.
Inspiration is a kind of **Language of The Soul** to You.
It means **'to breath out Divine Guidance'**.
Inspiration feels like a "AHA-moment", a sign to follow.

Why do you need "Inspiration" ?

- to **focus** on your path of the soul;
- to **live** a life aligned with your Soul;
- to **embrace** Your Inner Truth;
- acting on "Inspiration" let people **flow**.

All these advantages will increase more and more if you trust your **intuition** too. **Inspiration and Intuition empower You**. You will feel that you are not alone on your Inner Journey on Planet Earth. You feel Divine Guidance by following your Inspiration and Intuition. In the outside world synchronicity will appear more into your life.
It is all about aligning your Personality with your Soul.

The Soul incarnates because it wants to learn lessons, experiences. By following your Inner Guidance your Soul lessons will go more easily.

Do you feel that your Life is not easy at all ?

You probably do not trust your Intuition or ignore your Inspiration. These signs appear more than once...before you get hurt.

Do you want to learn from your Inner Guidance or not ?

It is up to you. Take time *to listen to your Inner Voice*. The Soul talks to you. *The Heart expresses the Language in Loving Feelings*. Follow Your Heart !

Follow your Loving Feelings. You will feel blessed.
Inspiration means to breath, to live from Inner Guidance.

Take some time to breath love in and out from the heart. Suddenly you get an **insight**...your heart feels warm... a **sign** to Follow.

Do you doubt it ?

What is causing this doubt ?

What believe is blocking you ?



Inspiration is the Divine Truth. A Believe is a conditioning from the outside world. When it blocks you to follow your Inspiration, sit down, relax and breath to the believe. Transform it to **"I trust my Inspiration"**. Repeat it three times and add...**'and so it is'**.

Suddenly you will feel that following you Inspiration is a Gift of God. The **Universal Laws** support your Inspiration and your Life comes in a Loving Flow.

Follow your Inspiration...and trust Your Intuition to "breath out your Inner Guidance"

Love to you all.

With love and gratitude,
Viviana



Viviana Geurten is a Medium and Channels with the Lords of the Akashic Records. Keepers of the spoken word and language.

The Akashic Records are governed and protected by a group of nonphysical Light Beings called the **Lords of the Records**. They determine not only **who** can access the Records but what **information** they can receive. The Lords of the Records work with the Masters, Teachers, and Loved Ones -- who **serve** as the interface between the Akashic and earthly realms -- by **"downloading"** to the Masters, Teachers, and Loved Ones the information that they will relay during each Akashic reading.

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